



Ludington Area Schools & Spectrum Health are offering physicals for the 2023-2024 year

## Free sports physicals

**May 24, 2023**  
**5 p.m. to 7 p.m.**

**Athletes grades 7-12 with last names A - L**  
Spectrum Health Ludington Hospital  
Pediatric Clinic  
907 Tinkham Avenue  
Ludington, MI 49431

**May 24, 2023**  
**5 p.m. to 7 p.m.**

**Athletes grades 7-12 with last names M - Z**  
Spectrum Health Ludington Hospital  
Walk-In Clinic  
922 Lawndale Street  
Ludington, MI 49431

Sports physicals ensure your child is clear to participate in their sport, but do not take the place of annual wellness exams. At the sports physical, the provider will check and review the following:

Medical history, general wellness, joints and flexibility, vision      If you wear glasses or contact lenses, please bring them.

Physicals performed first-come, first-served.  
No appointment needed. Masks required.

Questions? Call 231.845.3811

Consent forms and Physical Exam forms are in the Athletic Office or CBO. Bring signed forms, or your parent will need to attend to sign.



Spectrum Health complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. [81 FR 31465, May 16, 2016; 81 FR 46613, July 18, 2016]

ATENCIÓN: Si usted habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1.844.359.1607 (TTY: 711).

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إذا كنت تتحدث اللغة العربية، فيمكنك الحصول على المساعدة اللغوية المتاحة مجانًا. اتصل على الرقم 1.844.359.1607 (TTY: 711).